



Forgiveness

"He who knows how to forgive prepares for himself many graces from GOD. As often as I look upon the cross, so often will I forgive with all my heart."

~ Saint Faustina Kowalska ~

"Forgiveness 101" offers a safe and supportive experience of healing for anyone suffering from unresolved conflict and past trauma. The path towards healing is a Journey of Hope.

***This is a 4-Week Lenten Program held in the Parish Center
March 2, 9, 16 & 23: 11:00am - 12:30pm***

Attendance to all 4 sessions is highly recommended.
A workbook (\$10) for self reflection, personal testimonies, and intriguing discussion of forgiveness "truisms" is time well spent.

*The theme of this program is a song by Cody Carnes called,
"Run to the Father"*

How long have you carried your burden?

This course is Free and refreshments will be served.

All are Welcome. Register by email to Matt Savoie:

mmsavoie3@gmail.com

Forgiveness Institute KC (<https://www.yeabut.org>)

Chuck Jansen - Founder/CEO Matt Savoie - Facilitator & Parishioner BSJ

"The Only Way to Peace is Forgiveness" ~Saint John Paul II~